



# MICHAEL FEARON & KEVIN MARRON 5KM ROAD RACE

FRI. 7<sup>TH</sup> AUGUST 2015

CARLINGFORD, CO. LOUTH

START: 8PM

**\*\*SCENIC 5KM RACE FOR ALL LEVELS \*\*AAI  
APPROVED\*\*PROFESSIONAL CHIPPED TIMING\*\*T-SHIRTS  
FOR FIRST 200 REGISTERED\*\*ATHLETES MUST BE BORN  
IN 2000 OR BEFORE TO COMPETE IN 5K\*\* RACES FOR  
JUVENILES AT 7PM SHARP\*\***

**Glenmore AC**  
est 1969

REGISTRATION VIA  
PRECISIONTIMING.NET OR ON  
THE DAY FROM 5.30PM TO  
7.30PM

---

SENIORS & VETS:  
€12 ONLINE, €15 ON THE DAY  
€5 FOR U17/U19

---

JUVENILE RACES 7PM  
BOYS/GIRLS  
U9/U11/U13/U15  
€2 PAID AT THE LINE  
AGES AS OF 31<sup>ST</sup> DECEMBER  
2015

---

CASH PRIZES + €200 FOR  
BREAKING THE COURSE  
RECORD OF 14:26  
DETAILED INFORMATION AT  
[WWW.GLENMOREAC.COM](http://WWW.GLENMOREAC.COM)

---

VARIOUS AGE CATEGORIES

---

## FOR MORE INFORMATION

Check out our website  
[www.glenmoreac.com](http://www.glenmoreac.com)  
or Facebook page  
[www.facebook.com/fitforlife.glenmoreac](http://www.facebook.com/fitforlife.glenmoreac)  
Irene 0868979779